

Allotments to the Fore

In the UK this awful pandemic has brought the benefits of allotment gardening to the fore with a huge increase in demand for allotments (500% increase in one city).

People have seen first-hand the multitude of benefits that can be had from an allotment plot even when isolated or on lockdown.

It has been the ideal safe-haven offering all the benefits of fresh air, sunshine, fresh vegetables and more importantly communication with our fellow plot-holders for our mental wellbeing (albeit at a safe distance and abiding by contact precautions).

It is no wonder people are clamouring for an allotment plot.

And People realise allotment benefits throughout Europe also and there is an enormous increase of demands.

Some examples:

Throughout **Germany** the demands have at least doubled; in Berlin, Hamburg, Munich... the demands have been quadrupled

In **Oslo** the waiting list for allotment gardens increased from 4000 -6000 persons just after our lockdown.

Throughout **France** an increase of demands has been noticed. Explosion of demands in Colmar (F): nearly 200 people downloaded the form to apply for a plot.

Quick increase of the demands for allotments and report in the media in **Switzerland** and **Sweden**

Here in **Leeds** my site in NW Leeds has had a 600% increase in demand for a plot.

A spokes person from the Council has stated that the waiting lists are still lower than they were in 2010. In 2010 the waiting lists were astronomical? It would be interesting to see figures.

Now all we have to do is enlighten our politicians and planners who have seemed blinkered to the community benefits of allotments.

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In an attempt to enlighten our politicians and planners I am running a FB campaign, picking up statements made by our Prime Minister 'BUILD BUILD BUILD' and turning it into 'SAVE SAVE SAVE our allotments and 'Waging war on Obesity' and using these statements to show how allotments and allotment gardening can help to achieve many healthy aims and be of real benefit to the our communities.

The FB campaign so far.

Prime Minister says 'Build Build Build'
I say 'Save Save Save' our Allotments.
One of the few safe havens during this pandemic.



Prime Minister to wage 'War against Obesity'
Perhaps our healthy allotments will get more protection



**Allotments have saved the sanity of many during this pandemic.
There is nothing better than allotments for your Health & Wellbeing.**



Give added protection to our allotments, register as an 'Asset of Community Value' now. For further info www.nsalg.org.uk







Allotments have been a real blessing to 1000's during this pandemic, giving exercise, fresh air, fresh veg and comradery (albeit at a safe distance) which is good for the state of one's mind.

Now 1000's more have seen the multitude of benefit's to be derived from an allotment and are queuing up for a place.

See how to go about getting a plot. www.nsalg.org.uk





Prime Minister says General Practitioners should prescribe cycling to beat obesity. Cycling is good but he didn't mention the one thing that really would improve the nations health and wellbeing 'Growing Your Own' and Allotment Gardening?





Phil Gomersall, Präsident des Englischen Kleingärtnerverbandes, Vereinigtes Königreich